

Sojourner Health Clinic

University of Missouri-Kansas City

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Getting Trained for Clinic

Sojourner Health Clinic has had a busy couple of months with board members training fellow volunteers in triage, lab, and the Patient Assistance Program. Directed by public relations representatives, Shruti Kumar and Sriram Paravastu, and webmaster, Eshwar Kishore, triage training welcomed over sixty new volunteers to learn about the Sojourner Health Clinic mission. Attendees also learned and practiced the basics of triaging patients: initial patient interview, heart rate, blood pressure, and respiratory rate.



Organized by lab director, Kavelin Rumalla, and lab managers, Raga Kilaru, Elizabeth Theng, and Michele Yang, lab training saw an

equal amount of success with over forty volunteers in attendance. Trainees learned how to conduct and interpret basic metabolic panels (BMP), urine analysis (UA), HIV tests, cholesterol tests (FLP), and Hemoglobin A1c tests using proper laboratory protocol. As Michele Yang put it, "We trained a lot more volunteers this year than we normally do. We're super happy that we have so many more people qualified for lab spots now."



Twenty-five selected volunteers attended training for the Patient Assistance Program, organized by director, Priyasha Bijlani. The training session was instrumental for ensuring

that volunteers are well prepared to complete the necessary paperwork and tasks to run the program smoothly.



Learn More and Get Involved!

Visit our website to volunteer, donate, or simply learn more about our clinic:

<http://www.sojournerhealthclinic.com/>

Like us on Facebook:

<https://www.facebook.com/SojournerClinic/>

Join our mailing list:

sojourner.webmaster@gmail.com

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Expanding Our Reach

Partnering with the Grand Avenue Temple

Sojourner Health Clinic is hosted by the Grand Avenue Temple United Methodist Church in downtown Kansas City. As part of the church's efforts to become more involved in the community, they held the Grand Avenue Temple's Festival with No Walls in mid-September, and our clinic had the honor of

setting up a healthcare booth. With the goal of raising healthcare awareness and providing better access to healthcare to the Kansas City community, volunteers offered free basic health screenings by checking the blood pressure and heart rate of attendees. In addition, volunteers informed patients

without proper access to healthcare and medications about our free clinic open every Sunday.



Money through Meals: Cupini's Fundraiser

On September 30th, Cupini's Italian Deli in Westport generously donated 15% of sales to Sojourner Health Clinic. Almost thirty supporters of the clinic contributed to the fundraiser, taking time out of their day to enjoy some pasta. Organized by treasurer, Rose Puthumana, this was the first Sojourner Health Clinic fundraiser of the year. Thank you to Cupini's for donating to Sojourner Health Clinic and to the volunteers, faculty, and community for their support. Stay tuned for future meal fundraisers!



Behind the Scenes

- On September 10th, Sojourner Health Clinic held their annual clinic work day and chart view alongside a board meeting. While board members discussed upcoming events, volunteers helped organize patient charts and enjoyed free pizza.
- With the help of Adnan Islam (MS II), board members filmed a video showcasing the setup and take down of our clinic. The board hopes to bring more publicity to the free health clinic.
- This month, Sojourner Health Clinic celebrated its 13th anniversary with the annual tradition of surprising volunteers with lunch at Minsky's Pizza. The board reflected on the humble beginnings of the clinic and comparing it to what it has evolved into today.
- To launch the rebranding of Sojourner Health Clinic, the clinic website underwent renovation to improve accessibility to volunteers, sponsors, and donors. Thanks to webmasters, Mrudula Gandham and Eshwar Kishore, the website continues to provide a place to sign up for clinic, donate to the organization, and answer questions with a modern layout and updated information.