

Sojourner Health Clinic

University of Missouri-Kansas City

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July 2018

14th Annual Banquet

On May 8th, the Diastole Scholars' Center once again hosted the annual Sojourner Clinic Banquet. Volunteers, donors, and Friends of the School of Medicine (UMKC SOM alumni) gathered to recognize outstanding volunteers and generous donors. We were also very excited to welcome Pastor D and her husband. Grand Avenue Temple's support through Pastor D has been the very foundation of the Sojourner Clinic's success.

The 2017-2018 executive directors, Peter Lazarz and Danielle Terrill, shared the clinic's history and some of the most exciting innovations of the past year. Sojourner's webmasters redesigned the clinic's website to make it easier to navigate. A new whiteboard system was implemented to increase organization and efficiency in clinic. Our

partnerships with Lazarus Ministries and HALO allowed us to once again provide healthy meals for our patients. Another partnership with Merck provided free inhalers to Sojourner patients, saving the clinic over \$40,000. Peter and Danielle also welcomed this year's new board (pictured below).

We'd like to extend a sincere thanks to our service partners, donors, and everyone who works behind the scenes to provide administrative support and make our clinic a success. To learn more about all the players who work together to make Sojourner clinic possible, visit our website, linked at the bottom of this newsletter.



Board Member in the Spotlight

Sriram Paravastu, PR Representative



"As a volunteer at Sojourner Health Clinic, I feel fulfilled every week knowing that I'm having a positive effect on the underserved community in Kansas City. When I volunteer in triage, I get to know all the patients on a personal level and interact with them. They let me into their lives. I feel really privileged that I'm able to be a person that the underserved community can talk to and go to for some help. In lab we do some critical work, at no cost to the patient, that can really help elucidate what is going on with the patient on an empirical level. We are proud to say that we are one of a select few student-run free clinics in the nation that offer laboratory services. I'm honored to be a board member for Sojourner because as a public relations representative I'm able to put our name and our mission (which all of us at Sojourner are very passionate about) out there and make sure as many people as possible hear about our clinic so that they can either volunteer their time and efforts for a great cause, or if need be, come to clinic to be seen."

What's New?

Partnership with HALO

Sojourner Health Clinic has been partnering with a UMKC organization called Help A Life Organization (HALO) to bring nutritious food to our patients in need. HALO's mission is to raise awareness of food waste and to find a solution for this problem. Currently, HALO provides healthy mediterranean meals to Sojourner patients. The organization not only makes but also packs and

delivers the food to the clinic every Sunday. In addition, HALO educates patients on the benefits of the Mediterranean diet and a generally balanced and nutritious diet. Our partnership with HALO has enhanced the range of services we are able to offer our patients, and we hope to continue to work with them to further the enrichment of the Kansas City community.



Board members of the recently established UMKC branch of HALO

Who's on the Board?

Sojourner Health Clinic Board 2018-2019:

Executive Directors: Danielle Terrill (MS VI) and Adithi Reddy (MS V)

Main Operations Director: Kavelin Rumalla (MS V)

Lead Clinic Manager: Ella Glaser (MS VI)

Clinic Managers: Seenu Abraham (MS VI), Jess Wise (MS VI), Vishnu Harikumar (MS V), Antonio Petralia (MS V), Tony Cheng (MS V), Shipra Singh (MS V), Elizabeth Theng (MS IV), Raga Kilaru (MS IV), Vijay Letchuman (IV)

Lab Director: Michele Yang (MS III)

Lab Managers: Alaya Bodepudi (MS III), Madhavi Murali (MS III), Imaima Causbhoy (MS II)

Physician Assistant Representatives: Ryan Smith (PA II) and Kirsten Delay (PA I)

Webmasters: Eshwar Kishore (MS III) and Kevin Varghese (MS II)

Public Relations Representatives: Adnan Islam (MS III) and Sriram Paravastu (MS III)

Secretary: Angela Nwankwo (MS III)

Patient Assistance Program Director: Priyasha Biljani (MS V)

Pharmacy Liason: Riddhi Ishanpara (MS IV)

Financial Chair: Rose Puthumana (MS IV)

Main Operations Director: Shruti Kumar (MS III)

Learn More and Get Involved!

Visit our website to volunteer, donate, or simply learn more about our clinic:

<http://www.sojournerhealthclinic.com/>

Like us on Facebook:

<https://www.facebook.com/SojournerClinic/>

Join our mailing list:

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